



Soak Up The Sun

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CHOREO: Stefan & Nicolette Burger,
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MUSIC: Dance: Soak Up The Sun (Radio Edit 3:25)
Artist: Sheryl Crow Download: iTunes

FOOTWORK: Opposite unless noted TIME: 3:25 (+5%)

RHYTHM: Two Step Ph II, DEGREE OF DIFFICULTY: Easy - ECTA STEP Level B

SEQUENCE: Intro – A – Bridge – A B – Inter 1 – A – Inter 2 – B – Bmod – Ending

NOTE: Music source updated, there are two versions of the song. Radio Edit is the correct version, available on iTunes.

Intro:

[1-4] wait ;; apt, pt ; tog, tch (SCP) ;
[1-2]

Part A:

[1-4] 2 fwd 2 stps ;; 2 trn 2 stps (PU) ;;
[1-2]
[3-4]

[5-8] 2 prog. sciss (Scar / Bjo) ;; wlk & fc ; twrl/vne 2 ;
[5-6]
[7-8]

Bridge:

[1-2] sd, drw, cls twice ;;
[1-2]

Part B:

[1-4] opn vne 4 (OP) ;; dbl htch ;;
[1-2]
[3-4]

[5-8] wlk & fc ; twrl vne 2 ; 2 trn 2 stps ;;
[5-6]
[7-8]

[9-12] lace up ;; ;;
[9-10]
[11-12]

[13-16] bb - trn ;; 2 fwd 2s ;;
[13-14]
[15-16]

Interlude 1:

Soak Up The Sun – Two Step Ph II – Burger
1/2

[1-4] crcl awy 2 2s ;; wlk tog 2 2s ;;

[1-2]

[3-4]

Interlude 2:

[1-4] vne 3 & tch ; wrap ; unwrap ; change sides ;

[1-2]

[3-4]

[5] sd, drw, cls ;

[5]

Part Bmod:

[1-4] opn vne 4 (OP) ;; 2 fwd 2s (OP) ;;

[1-2]

[3-4]

[5-8] dbl htch ;; wlk & fc ; twrl vne 2 ;

[5-6]

[7-8]

[9-12] lace up ;; ;;

[9-10]

[11-12]

[13-16] fc to fc ; bk to bk ; bb - trn ;;

[13-14]

[15-16]

Ending:

[1-4] lace X ; fwd 2 stp ; dbl htch ;;

[1-2]

[3-4]

[5-7] lace bk ; fc 2 stp ; spt apt & hold ;

[5-6]

[7]