



# The Girl in my Arms

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MUSIC: Dance: The Girl in my Arms  
STAR CD 521

FOOTWORK: Opposite unless noted TIME: 2:25  
RHYTHM: Walz Ph II+2 (hover, impetus)  
SEQUENCE: Intro – A - B - Amod - B - C - Ending  
for Steffi and Heike's Wedding

## Intro:

### [1-4] wait ;; apt & pt ; tog & tch ;

L-OP, M fcng prntr & Wall, lead feet free  
[1-4] wait 2 meas ;; apt L, pt R, - ; tog R, tch L to Bfly, -;

## Part A:

### [1-4] wz awy ; L wrp ; fwd wz ; PU in 3 (CP);

[1-4] sd L trn LF fc LOD, cl R, cl L; fwd R, cls L, fwd R ; {sd L trn, sd R trn, sd L trn to wrp pos fc LOD;}  
(retain the inside handhold at waist level as woman makes a left face turn to face the same direction as the man, resulting in wrapping the woman's left arm in front of her waist and man's right arm behind her waist) fwd L, cls R, fwd L; fwd R ldg W in front, sd L, cls R in CP LOD;

### [5-8] 2 L trns ;; canter twice ;;

[5-6] fwd L trng LF, sd R, cl L; bk R trn LF, sd L, cl R;  
[7-8] sd L, draw R to L, cl R; sd L, draw R to L, cl R;

### [9-12] hvr ; PU (Scar) ; prog twkl (Bjo) ; prog twkl (Scar) ;

[9-10] fwd L, sd & fwd R w/ rise, rec L; fwd R ldg W in frnt, sd L, cl R in SCAR;  
[11-12] in SCAR prog fwd L, trng LF stp R, fin trn stp L to BJO; Bjo prog fwd R, trn RF stp L, fin trng stp R to SCAR;

### [13-16] prog twkl (Bjo) ; manuv ; imp to SCP ; thru, fc, cls (cuddle pos) ;

[13-14] SCAR prog fwd L, trng LF stp R, fin trn stp L to Bjo; fwd R trng RF in front of W, sd L cl R to CP;  
[15-16] bk L trng RF, heel trn bk R {W sd & fwd L arnd M}, fwd L in tight SCP; XRIF L {W XLIF R}, fwd L to fc ptr, cl R to cuddle pos;

## Part B:

### [1-4] L trn box ;; ;;

[1-2] in cuddle pos fwd L trn LF 1/4, sd R, cl L; bk R trn LF 1/4, sd L, cl R;  
[3-4] fwd L trn LF 1/4, sd R, cl L; bk R trn LF 1/4, sd L, cl R;

### [5-8] canter ; box ;; dp bk ;

[5-6] sd L, draw R to L, cls R; fwd L, sd R, cls L;  
[7-8] bk R, sd L, cls R; bk L, -, -;

### [9-12] manuv ; 2 bk wz ;; R trn ;

[9-10] Rpt meas 14 of Part A; bk L, cl R, bk L;  
[11-12] bk R, cl L, bk R; bk L trng RF, sd R, cl L;

### [13-16] R trn (Bfly); twst bal L & R ;; canter ;

[13-14] fwd R trn RF, sd L, cl R to Bfly fcng Wall; sd L, XRIB L {XLIF R}, rec L;  
[15-16] sd R, XLIB R {XRIF}, rec R; sd L, draw R to L, cls R;

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### **Part Amod:**

**[1-4] wz awy ; L wrp ; fwd wz ; L roll across (L-OP);**

[1-2] rpt meas 1 & 2 op Part A;;

[3-4] fwd L, cls R, fwd L; fwd R, cls L, fwd R {fwd & sd trn, sd trn, sd trn} to L-OP pos.

**[5-8] thru twkl ; manuv ; imp to SCP ; thru, fc, cls ;**

[5-6] thru L, trng LF stp R, fin trn stp L; rpt meas 14 op Part A;

[7-8] Rpt meas 15 & 16 of Part A;;

### **Part C:**

**[1-4] Lc up wz (fc - Bfly) ;; ;**

[1-2] ld W under jnd ld hnds chgg plcs beh W fwd L, fwd R, cl L; fwd R, fwd L, cl R;

[3-4] ld W under jnd trl hnds chgg plcs beh W fwd L, fwd R, cl L; fwd R, fwd L trng fc ptr, cl R;

**[5-7] twisty bal L & R (cls) ;; canter ;**

[5-6] rpt meas 14 & 15 of Part B;;

[7] rpt meas 7 of Part A;

### **Ending:**

**[1-4] dp bk ; twst & kiss ;**

[1-2] stp bk L, -, -; twist slightly LF & Kiss! :) , -, -;

**A very special song and Cuesheet for a very special couple,  
to commemorate the most important day of your life .  
Congratulations to the wedding and all the best for your future together !**